

2018 Outdoor Season



Parent Information Handbook

<http://emsasoutheast.com>

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Storm	Rob	stormdirector@emsasoutheast.com

Edmonton South East Soccer Association

Welcome to Edmonton South East Soccer Association! We are a volunteer organization that offers community-based soccer programs for players between the ages of 4 and 19, as well as a premier program for players between the ages of 9 and 19. Our community soccer programs promote long term player development while giving players the opportunity to have fun playing the wonderful sport of soccer with friends.

Our Soccer Communities

Avonmore, Bonnie Doon, Capilano-Hardisty, Fulton Place-Hardisty, Gold Bar-Hardisty, Hazeldean, Holyrood, Ottewell, Riverdale, Ritchie, Strathcona, and Strathearn.

Our Soccer Communities with non-active Soccer Programs: Argyll, Cloverdale, Idylwyld, Kenilworth, King Edward Park, Maple Ridge, Rossdale, Twin Parks.

ESESA Premier Program – Storm Soccer

The Storm Soccer Program fields U9-19 Premier Teams with players aged 8-18 years old to play in the competitive Premier A & B Division of the Edmonton Minor Soccer Association. Our dedicated Storm Family is committed to helping each player advance their soccer skills, and passion for soccer through our focus on player development, technical training, sportsmanship, and teamwork. Our mission is to develop players to achieve success on & off the field while promoting a healthy active lifestyle through the Great Sport of Soccer.

FEBRUARY IS OUTDOOR SOCCER REGISTRATION MONTH!

Outdoor Season Start Date

The **tentative season start date** for all age categories is **May 1, 2018**. We plan for each team to play 15 regular season games; however, we cannot guarantee this.

[ONLINE REGISTRATION - emsasoccerportal.com](http://emsasoccerportal.com)

[Visit our website at www.emsasoutheast.com](http://www.emsasoutheast.com)

ONLINE REGISTRATION & PAYMENT INFORMATION

STEP 1:

Register ONLINE at www.emsasoutheast.com (click on EMSA Soccer Portal and complete the family and player profile **PRIOR** to coming to one of the registrations or tryout dates.

- If you already have an existing household account (family profile and player profiles), click on *existing account* then REGISTER each player for the Outdoor 2018 Season.
- If you forgot your password, click on *forgot password*
- If you do not have an existing household account, click on *create account* and set up household account (family profile) then create a player profile for each child and then REGISTER each player for Outdoor 2018 Soccer Season

STEP 2:

Payment ONLINE (Visa/MasterCard – included in step 1) **OR BRING** payment (cash/cheques) to one of the registration or tryout **dates listed on our website – www.emsasoutheast.com.**

STEP 3:

Go to registration at your community league, zone registration, ESESA office or Storm Tryouts for Storm Players only. (see website for community registration dates) **and BRING** the following:

- 2 copies of your completed registration form
- Government ID to verify age of player
- 2017/2018 Community League membership card (purchase online at www.efcl.org or at registration/tryout dates)
- 2 post dated cheques (volunteer & jersey)

JERSEY DEPOSIT for U9-U19: 1 Per player - \$75 Jersey Deposit cheque.

Payable to ESESA and post-dated to June 1, 2018. Jersey must be returned (clean) to coach.

VOLUNTEER DEPOSIT – 1 Per Family - \$150 Volunteer Deposit cheque.

Payable to ESESA and post-dated to June 1, 2018. **If you have a child playing in both the community and the STORM program, you will be required to provide 2 volunteer cheques (one for each program) and complete a volunteer assignment for each program.

Please note: Your child will not be placed on a team unless you have completed Step 3 and Paid all Fees & Deposits.

FEEES FOR COMMUNITY AND PREMIER (STORM) TEAMS

Age Group	Birth Year	Registration Fees	Storm Fees*
U5	2013-2014	\$100	N/A
U7	2011-2012	\$145	N/A
U9	2009-2010	\$190	\$200
U11	2007-2008	\$210	\$200
U13	2005-2006	\$240	\$200
U15	2003-2004	\$250	\$200
U17	2001-2002	\$250	\$200
U19	1999-2001	\$250	\$200

- **STORM Fees are in addition to the regular community league registration fees and paid at time of tryouts.**
- **All cheques payable to ESESA**
- **All fees must be paid before your child will be placed on a roster.**
- **\$30 NSF Fee for Cheques returned non-sufficient funds (NSF).**

Edmonton Federation of Community Leagues Memberships

- **Mandatory for each family to have a community league membership from the community in which you live.** Edmonton Federation of Community Leagues (EFCL) memberships expire on August 31 each year.
- Memberships will be available for purchase at community registration, ESESA, tryouts or online at www.efcl.org, . This year's membership starts with #17 ____.

Financial Assistance For Low Income Families

- Families can apply for assistance with registration fees through:
 - KidSport – www.kidsportcanada.ca.
 - Jumpstart – www.jumpstart.canadiantire.ca.
- These organizations may cover a portion of registration fees based on income.
- Applications must be submitted prior to season start date:

Refunds and Withdrawals

To Withdraw a player and request a refund, please complete the refund request form (download from our website, www.emsasoutheast.com) and contact your Community Soccer Director or the ESESA Registrar at office@southeastsoccer.ca.

- Refund requests received **on or before May 1st** are subject to a \$50 administrative fee.
- Refund requests received after May 1st are subject to a \$105 administrative fee and the refund issued will be prorated based on percentage of games played, up to a maximum of 50%, after which no refunds will be issued.
- All fees are 100% non-refundable commencing May 21, 2018.
- Storm Fees - 100% non-refundable once your child accepts a position on Storm.

2018 Outdoor Season

The tentative start dates for all age categories is May 1, 2018.

U5 - U11 the season will run until the Paul Johnston Tournament (June 23-24).

Community U13 – U19 may run to the middle or end of July.

We plan for each team to play 12 – 14 regular season games, however we CANNOT guarantee this.

Games & Practices

U5 and U7 practices are held before each game. Players are to be at the field ready for practice 6:15pm with game time at 6:30pm.

U9 - U19 should be arriving to the field ready to warm up with their team 15 – 30 minutes prior to the start of the game (Coaches Discretion).

- The coach is not a babysitter and will not assume the task of transporting your child to/from practices or games, or caring for your child beyond the game or practice.
- If you need help, please make arrangements with another parent.



Schedules

Schedules U5 – U11 available April 26 at: www.emsasoutheast.com

***U11** – first round schedule – teams play within our zone. 2nd/3rd round with MW teams.

U13-U19 – available April 26 at: www.emsamain.com.

Field Maps & Addresses

www.emsasoutheast.com or www.emsamain.com.

COMMUNITY TENTATIVE PLAYING DAYS:

Age Group	Birth Year	Main Playing Day	Alternate Day	*Tentative Time
U5	2013-2014	TBD	-	6:15pm
U7	2011-2012	Monday & Wednesday	-	6:15pm
U9	2009-2010	Tuesday & Thursday	-	6:15pm
U11	2007-2008	Monday & Wednesday	Saturday	6:15pm or 7:30pm
U13	2005-2006	Tuesday & Thursday	Sunday	Between 6 – 7:30pm
U15	2003-2004	Monday & Wednesday	Tues or Thursday	Anytime
U17	2001-2002	Sunday & Thursday	Wednesday	Anytime
U19	2000-1999	Sunday & Tuesday	Thursday	Anytime

*Playing Days & Times are tentative and subject to change.

***SCHEDULES WILL BE RELEASED APRIL 27, 2018 – visit www.emsasoutheast.com**

Post Season - Playoffs

Teams are asked to make a commitment to post season within the first two weeks of the season start. Once a team has committed to post season, withdrawal will result in **LARGE** fines to the team and players. Please make sure you have communicated with your coach in regards to your participation availability for the **post season within the first two weeks** of the season.

Community Teams:

Community Teams:

Cities: July 2 - 6

U11 – U19 only advance to Cities.

Inter-Cities: July 19 - 20

U11 – U19 only advance to Inter-cities

Provincials: Tier 4 Teams – July 20 – 22

Location TBD

Paul Johnston Festival

- June 23, 24
- Community Teams – U7– U13.
- Location: Kenilworth Community League.
- This is an annual 30+ year old festival for the U7-U13 players in our zone.
- Please have your child available for the whole weekend.
- Schedules will be available 1-2 days prior to the tournament.

Additional Costs:

Please be advised that, in addition to registration fees, coaches may request additional fees in order to pay for pictures, team party, tournament entry costs, tournament travelling expenses, or other various expenses.

Equipment



All players are required to wear black shorts and black socks.

Shin pads are mandatory for all players and **MUST** be worn under socks. Players will not be allowed to participate in practices or games without them.

Players are not permitted to wear pants during games unless referee permits.

All players should have their own labelled water bottle.

Please remember to wash your child's jersey and other equipment regularly.

Jewellery



- **Jewellery (earrings, necklaces, etc.) is not allowed when playing soccer.**
- Medical-Alert jewellery or clothing required by the player's religion may be worn only if the referee deems that it is safe and does not give the player an unfair advantage. Medical-Alert jewellery can normally be made safe by wrapping it with tape, with the necessary information showing.
- A player refusing to remove any type of jewellery at the request of the referee (including all external body piercings) will not be permitted to play.

Head-Covering "Hijab"

The wearing of sports-type hijabs will be permitted upon a satisfactory pre-game inspection by the referee, as mandated by FIFA Law 4, which states all items of clothing or equipment other than the basic equipment must be inspected by the referee and determined to be safe.

- The wearing of other forms of the hijab will also be permitted at the discretion of the referee, but only after a pre-game determination that the hijab does not pose a danger to the wearer or any other player.



Volunteers Needed

ESESA runs almost exclusively on volunteers. This gets people involved and connected plus keeps costs down. It is mandatory for each family to volunteer a few hours during the season to help run things. When you are called by a volunteer coordinator or a soccer director and asked to donate some hours, please make every attempt to fulfil them. If you are unwilling or unable to meet this commitment, your \$150 cheque will be cashed.

Teams

ESESA places its emphasis on building and developing solid, recurrent team cores. Teams are named according to the **coach's home community**, and there is **no guarantee** that players will be placed on teams bearing the name of their home community. Furthermore, there is no guarantee that practices will take place in the community after which a team is named.

Age Movement

“Age movement” permanently places a player in a different age category and is accepted only in **rare** circumstances. Moving players out of their age category is neither encouraged nor condoned by the ESESA board.

Downward Movement - A player may be moved to a lower age category due to mental or physical limitations. Downward movement can only be approved by the EMSA Board. All requests of this nature require a physician’s letter and must be submitted to ESESA for submission to the EMSA Board for a ruling.

Upward Movement – A player may be moved up an age category by the ESESA Board. These moves are made primarily to help provide players for a smaller team at a higher age category or to create room on a lower age category team over player maximums.

Being a Trialist (U11+)

“Trialists” are players that are “loaned” by one team to play on a team at a higher age category or tier. **ESESA strongly encourages the use of trialists** because it benefits the player, his or her team, the receiving team and our program.



ESESA coaches do not “own” their players and are responsible to advance each player’s ability. Occasionally, when teams are short-handed or want to try out promising players from other teams, they **may** ask for players from other teams (at a lower age category or tier). This is done on a game-by-game basis, to a **maximum of five league games**.

If your child is asked to be a trialist, consider it a compliment that will allow him or her a great opportunity to play at a more demanding or competitive skill level.

Special Preferences Requests

Player requests, such as, playing with friends, on a specific team, or to have or not have a certain coach, must be listed on player registration. While Community Directors and ESESA attempt to meet all player requests, there are absolutely no guarantees that all requests for player placement can be granted.



Game Format

Age Group	Location	Game Format	Game Duration
U5	S.E. Zone	3 vs. 3 No Goalie	2 x 20 min.
U7	S.E. Zone	5 vs. 5	2 x 25 min.
U9	S.E. Zone	7 vs. 7	2 x 30 min.
U11	S.E. Zone – 2 nd & 3 rd round travel to fields in Millwoods	8 vs. 8	2 x 35 min.
U13	S.E. Zone and North Zone	11 vs. 11	2 x 40 min
U15-19	City Wide	11 vs. 11	Regulation - 2 x 45 min

Rules of the Game

Coaches are responsible for the conduct of their spectators.
Complete rules for outdoor soccer can be found on the following websites:

- Edmonton Minor Soccer Association—<http://emsamain.ca>
- Alberta Soccer Association—www.albertasoccer.com

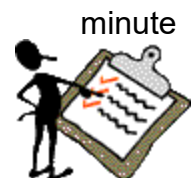
Respect Your Referees

- Referee abuse and harassment by spectators, players or coaches **will not be tolerated!**
- Game officials (i.e., referees) are critical to the sport of soccer, and without them there would be no game.
- Please treat them with respect and recognize that they, too, are learning and improving with experience. Anyone found guilty of harassing game officials will be disciplined and may be barred from games.



Referee Liaison

It is mandatory for every team (U9-U19) to provide a referee liaison for every league game. The liaison may be a different person each game and can be anyone with the exception of the coach or assistant coach. **The name of the referee liaison must be noted in the area provided on the game sheet.** The team has a 15-minute grace period to provide a referee liaison, otherwise it will be a default game.



The main role of the **referee liaison** for each team is to act as a deterrent to possible acts of misbehaviour by spectators or team officials. The **referee liaison** will also be available to the referee should the referee so request or should a potential problem exist.

Player/Team Official EMSA ID Cards

EMSA ID Cards Mandatory for:

Players:

- Community Players: U13 – U19
- Premier Players (Storm): U11 - U19

Team Officials- Coaches, Assistant Coaches, Team Managers:

- Community Team Officials: U13 – U19
- Premier Team Officials: U11 - U19

You must have your player/coach card with you or you will not be allowed to play. If a player/team official participates without an EMSA I.D. card, the game is forfeited.

2018 Outdoor season Carding Dates - EMSA

The EMSA Carding Sessions will be held at the EMSA Office in the Edmonton South Soccer Centre, 6520 Roper Road, on the following dates and times:

- Thursday April 12 from 3 – 8 pm
- Tuesday April 17 from 3 – 8 pm
- Thursday April 19 from 3 – 8 pm
- Tuesday April 24 from 3 – 8 pm
- Thursday April 26 from 3 – 8 pm
- Wednesday May 2 from 3 – 8 pm

Players/Team Officials must be present for picture and bring government-issued ID.

Team Officials – Police Information Check (PIC)

Mandatory - All coaches, assistant coaches and team managers must complete a Police Information Check (PIC) to be a team official. The Police Information Check

(PIC) Certificate must be submitted to the ESESA office prior to the commencement of the soccer season. The PIC Certificate will be valid with ESESA for 2 years and after 2 years you will be required to obtain a new Police Information Check (PIC) and present it to ESESA.

Application Process: The completed and signed PIC application and Third-Party waiver can be submitted to the ESESA Administrator along with 2 copies of government issued ID for ESESA to apply for the PIC on your behalf. All applications must be submitted prior to the commencement of the season.

Parent Guidelines

ESESA is committed to promoting long term player development for our players and by following these guidelines each player should experience success in any circumstance.

Practices (U11-U18)

- Practices are not optional and a practice schedule will be provided by your coach
- We want to set players up for success and give them the opportunity to improve
- This is where all of the learning and team development takes place
- A player can only feel confident in what they are doing if they learn what is expected of them and their teammates
- We understand that it may not always be possible to attend, however it is mandatory to let your coach know in advance if your child cannot make practice
- Please have your player at practice and ready to participate on time

Game Day

Pre-Game

- Please ensure that your child is at the field and ready to participate 15-30 minutes prior to the game (at the coaches' discretion). This will allow the coach time to organize their players and give them instructions for warm up
- Please make sure your child has their uniform, shin pads, and lots of water

Game Time

- This is where you get to sit back and be a fan
- Your coach will be working hard to ensure that they are giving helpful feedback to the players throughout the game
- Please be a *POSITIVE*, healthy cheerleader and support the team in any circumstance.
- ESESA supports that every player gets equal playing time. This may vary from game to game due to physical fitness/number of players/game strategy. Though

it may vary game to game it is the goal that by the end of the season, each player has had an **EQUAL** amount of playing time.

Half Time

- It is a time for players to get a drink, refresh and listen to their coach's feedback
- Half time is **NOT the best time** for snacks. Snacks can cause complications such as stomach aches, messes, and distracted players
- Instead of having a snack at half time, **save it for the end of the game** and use it as a celebration or a time to gather and reflect on the game or to get final feedback from the coach.

Post-Game

- This is time for you to celebrate the effort of your soccer player
- Before leaving make sure you have picked up any coffee/drink containers, food wrappers, and belongings.

Dispute Resolution

In the case of disputes between you and your child's coach or other team officials, please handle them with dignity and serve as a good role model to your child and others. If your effort to correct the situation directly with the coach or team officials fails, please relay your concern to your community soccer director. If you are still not satisfied, please contact the ESESA administrator.

ESESA Chain of Command

If you are having a problem with a coach/player/team/director, please follow the proper chain of command as outlined below:

Parent/Player Team → Coach/Manager → Community Director → ESESA Board

Coaches Code of Ethics

As coaches in the ESESA our main objective is to develop young soccer players in a fun and safe environment. Every coach to the best of their ability should strive to create this environment for all practices and games. In addition, the ESESA expects that coaches will abide by the following ethics:

The 24-Hour Rule

There are a variety of situations in which individuals may become upset or frustrated. The purpose of this rule is to delay your communication until you have calmed down to reduce the chance for an emotional over-reaction and increase the opportunity to think about the situation more rationally. Waiting 24 hours will increase the probability that you can more clearly communicate your issue with a cool head.

ESESA Coaching Best Practice U7-U13

Expectations:

1) Every player gets to play equally

Rational:

In order for players to develop, they need more touches on the ball. To get more touches on the ball, they need more time in a game.

2) Play players in a variety of positions

Rational:

Our goal is to build better players for the future and not necessarily a better team right now.

3) Coaches shall treat OFFICIALS with respect and dignity AND will teach their players to do the same.

Rational:

Officials are the backbone of our games. The majority of our officials at the U7-U13 levels are KIDS themselves.

4) Unlimited substitutions including the keeper

Rational:

In order for players to develop, they need more touches on the ball. To get more touches on the ball, they need more time in a game.

In the case of a keeper having one player standing in the goal area for an entire half or game hampers their opportunity to develop.

5) Unlimited substitutions including the keeper

Rational:

In order for players to develop, they need more touches on the ball. To get more touches on the ball, they need more time in a game.

In the case of a keeper having one player standing in the goal area for an entire half or game hampers their opportunity to develop.

6) Sliding tackling is Not Allowed

(Slide tackling can be described as taking the ball away from an opposing player by deliberately leaving their feet and sliding along the ground with one leg extended to push the ball away from the opposing player)

Rational:

The risk of injury is too great and kids are not learning soccer skills when they are on the ground.

7) Heading is NOT a skill taught in the mini- program U7-U13

Rational:

The ongoing study of head injuries at a young age indicates that young players who head too early in their physical development are susceptible to potential risks. Including risks to the skull, neck and spine. In addition, soft and connective tissues, such as those associated with the brain, may also be affected.

8) Coaches shall avoid Blowouts

“Blowout refers to a game in which there is a 5 - goal differential”

STORM Premier Soccer Club

The STORM Soccer Program fields U9-U19 Premier Teams with players aged 8-18 years old to play in Tier II & III of the competitive Premier A & B Division of the Edmonton Minor Soccer Association (EMSA). Our dedicated STORM Family is committed to helping each player advance their soccer skills, and passion for soccer through our focus on player development, technical training, sportsmanship, and teamwork. Our Mission is to develop players to achieve success on & off the field while promoting a healthy, active lifestyle through the Great Sport of Soccer.



PREMIER - STORM - **New Age Groups This Season for Teams					
Age Group	Birth Year	Registration Fees	Storm Fees	Main Playing Day	Alternate Day
U9 Premier	2009 - 2010	\$190	\$200	Sunday	Fri or Saturday
U11 Premier	2007-2008	\$210	\$200	Thursday	Sunday
U13 Premier	2005-2006	\$240	\$200	Wednesday	Sunday
U15 Premier	2003-2004	\$250	\$200	Monday	Friday
U17 Premier	2001-2002	\$250	\$200	Tuesday	Friday
U19 Premier	1999-2000	\$250	\$200	Mondays	Friday
Please note - Playing Dates are Tentative & are Subject to Change					
The SOUTHEAST ZONE DOES NOT ANTICIPATE fielding a team in each birth year & there is a possibility of having teams formed with 2 age groups combined. The age group of the team will be determined by the player with the oldest birth year.					

Storm Tryouts

The 2018 Outdoor Storm tryouts will take place from April 3-5th at the Turf Training Centre at 5820 59 ave Edmonton Alberta. Times are TBD please check the website for updated tryout times.

Storm Registration

- Register online at: emsasoccerportal.com
- Be sure to click Premier while completing the online registration.



Keep EMSA South East Up to Date

If your phone number, cell number, mailing address or email address changes, please keep us up to date by contacting us at office@southeastsoccer.ca.

Please email your questions, comments, suggestions, complaints, and recommendations to office@southeastsoccer.ca.

Would You Like to Become a Sponsor?

ESESA is a volunteer-driven, non-profit organization dedicated to providing youth with quality soccer programs. Sponsorship and donations help us to keep our fees low while we put forth a fun and educational soccer program. If you, or someone you know, can sponsor one of our soccer programs please talk to any executive board member or email us at office@southeastsoccer.ca.

Visit our Website at: [emsasoutheast](http://emsasoutheast.com)

Our website provides parents & players with season information, news, schedules, forms, rules, regulations, policies, and other important information about soccer and our communities in the southeast zone.

THANK YOU

Special THANK YOU to all of our dedicated volunteers, coaches, managers, parents, family members, and players

We couldn't run our programs without your Fantastic Support!



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